# **CURRICULUM VITAE**



#### Mohd. Yoosuf

B.O.T [NIRTAR]. M.O.Th. (Paed) [Jamia Hamdard]

Reg. No: OT-179

S.I.Certified (University of Southern California)

Certificate Number-759 E-mail: HYPERLINK

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#### **Permanent Address:**

Quater No.01, House No :- RZ-2550/27, Lane No.-27

Tuglakabad Extension New Delhi, India

Pin-110019

Director

Shama Foundation

Senior Rehab. Paediatrician

Delhi New Born Centre, Agarwal Hospital

Ex. Visiting Faculty

Jamia Hamdard University

**Personal Details** 

Date of Birth: - 05th July 1975

Status: Married Religion :- Islam Nationality :- Indian

Passport no :- U1214994 Aadhar no :-5321 6453 5571

Director/Senior Pediatric Occupational Therapist Shama Foundation for Differently Abled Children www.shamafoundation.co.in

WORK EXPERIENCE-

22 years +

#### **EDUCATIONAL QUALIFICATION**

Passed Higher Secondary Examination (10<sup>th</sup>) with 1<sup>st</sup> Division. Passed Senior Secondary School Examination (10+2) with 1<sup>st</sup> Division

#### **PROFFESSIONAL QUALIFICATION:**

- 1. Name of the Course Bachelor of Occupational Therapy (1995-1999)
- 2. Name of the Course- Master of Occupational Therapy (Pediatrics) (2002-2004)

#### SPECIALISED TRAINING/WORKSHOPS/ORIENTATION PROGRAMME

Name of Institution/Foundation	Duration/Years	Courses Taken
UNIVERSITY OF SOUTHERN	30 contact hours	Theoretical Foundations of
CALIFORNIA	1	Sensory Integration :From Theory to Identification

	21 contact hours June 10-12,2018 21 contact hours June 13 <sup>th</sup> -15 <sup>th</sup> , 2018	Sensory Integration Evaluation and Clinical Reasoning: from Identification to Intervention  Sensory integration treatment: from intervention to participation
	14 contact hours July 17 <sup>th</sup> -18 <sup>th</sup> 2018	Sensory Integration for Individuals on the Autism Spectrum
	14 contact hours July 19-20 ,2018	Sensory Integration School Based Setting
	100 contact hours July 2018 Certificate number 759	USC Sensory Integration Continuing Education Program
SEMINAR INSTITUT International Council for Education in Ayres Sensory Integration	16 units of lecture April 6 <sup>th</sup> -7 <sup>th</sup> ,2018 at SOCH Gurgaon , India	Dyspraxia Understanding and treating Children from an SI Perspective
SOCH India Course instructor:- Shelly mulligan PhD., OTR/L	14 Contact hours March 7 <sup>th</sup> -8 <sup>th</sup> ,2014	Professional Development Program –Early Identification and Interventions for Young Children(0 to 2yrs)with Autism Spectrum Disorders and Their Families
Jamia Hamdard , New Delhi	2 <sup>nd</sup> -3 <sup>rd</sup> December 2006	Orientation Program in Teaching Methodologies
BOTOX Active Support	29 <sup>th</sup> February 2004	The management of spasticity and the role of Botox in cerebral palsy
Johari Medical & Research Foundation, Mumbai/ Training Workshop	28 <sup>th</sup> -29 <sup>th</sup> September 2002	The management of spasticity and the role of Botox in cerebral palsy
Kyushu University Graduate School of Human Environment Studies (The Japanese Association of Psychological Rehabilitation)	3 <sup>rd</sup> -5 <sup>th</sup> January 2002	First Dousa-Hou Workshop

# **CURRENT PROFESSIONAL PRACTICE LICENSE:**

The Delhi Council for
Physiotherapy and Occupational
Therapy
Registration no:-OT-179

University Of Southern California
Registration no:-759
(USC Sensory Integration
Continuing Education Program)S.I. Certified

Member of All India
Occupational Therapist
Association
Registration No L5799/2020

#### **AWARDS, ACHIEVEMENTS AND RECOGNITION**

Excellence award in community rehabilitation –NEURAXIS-2018

For Excellent Contribution in the field of Rehabilitation, held on 29<sup>th</sup> -30<sup>th</sup> September 2018.



Awarded 2<sup>nd</sup> position in Inter school poster competition (Technology and Occupational Therapy/Ergomedicine) at 34<sup>th</sup> Annual National Conference 1997, Lucknow India.



Advisory Board Member of Botox in the Management of Spasticity & the Role of Botox in Cerebral Palsy in 2004.



#### **PUBLICATIONS IN NEWSPAPER/ MEDIA-**

Published article for career orientation in Rehabilitation in Newspaper Amar Ujala Special edition Yuan (Pg 11) on 2<sup>nd</sup> March 2013

Published about free camp for Cerebral Palsy children in Nav Bharat times, Hindi Edition on 2<sup>nd</sup> July 2011.

Published article on Shama Foundation in Nav Bharat Times ,English Edition on 2<sup>nd</sup> July 2011.



2 March 2013 Amar Ujala -Yuan



NavBharat Times Hindi Edition 2 July 2011



NavBharat times Eng Edition 2 July 2011

# **Paper Publications/Presentations**

Unveiling the effect of Physiotherapy in Low Back Ache and on serum Vitamin D level in 9<sup>th</sup> International Conference on Food Processing, Nutrition and Fortification with Emphasis on Vitamin D organised by School of Interdisciplinary Sciences and Technology, Department of

Food Technology in Collaboration with School of Unani Medicine and Education Research, held on 5<sup>th</sup> -6<sup>th</sup> March 2020 in Jamia Hamdard.

Osteoporosis: The bane of Sedentary Life style in the national Seminar on "Lifestyle Disorders and role of Unani Medicine" organized by Faculty of Medicine, Jamia Hamdard on 6<sup>th</sup> March 2012 at Convention centre. Jamia Hamdard.

Repetitive Stress Injury-An Urban Ache in national Conference on environmental aspects of Healthcare in Unani Medicine held on 27<sup>th</sup> -28<sup>th</sup> March 2011.

# INNOVATIVE AND CREATIVE CONTRIBUTION TO HABILITATION AND REHABILITATION WORLD-

A school for special one -2004 to 2020



Manufacturer of innovative and creative equipments for special children since 2000.





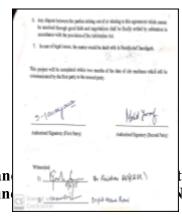
## Memorandum of Understanding signed with National Health Mission Haryana

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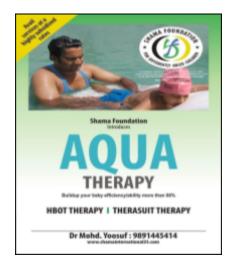
tup at various DEIC at IAL HEALTH MISSION

Professional consulta different cities of INI (RBSK Programme)-Since 2014 till uate.



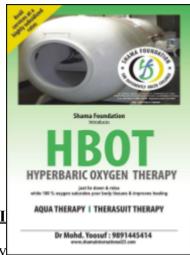


Introduce AQUA-THERAPY services for these special children under supervision of experts since 2004 first time in Delhi.





Started HBOT at subsidized rate for poor and needy children for 4 yrs(2013-2016)





#### **DISSERTATION TI**

A Comparative Study ss of botox wranagement along with Occupational

Therapy V/s only Botox therapy for Genu Recurvatum of Cerebral Palsy Child (submitted during Master in Occupational Therapy (Paediatrics) course-2005

#### **EMPLOYMENT HISTORY**

1. May 2012 to continue

Name of Organisation: Shama Foundation Company-25 for differently abled children

Under Ministry of Corporate Affairs Government of India

C.I.NU85190DL2012NPL236208 Registration 12A & 18G

Job Title: Director

Senior Occupational Therapist/Team Lead

Clinical fields covered: Outpatient/Inpatient Paediatric Rehabilitation

2. July 2000 to Continue As Consultant at Savera Children Hospital in the capacity of

Consultant Occupational Therapist (NICU duties, OPD and

Supervision of therapy)

3. July 2010 to Continue As Consultant at Delhi New Born Centre (Aggrawal Hospital) in

the capacity of Consultant Occupational Therapist (NICU duties,

OPD and Supervision of therapy)

#### **Main Duties and Responsibilities**

#### **Management:**

To assist in the implementation of policies and strategies which aim to improve Therapy Services for all staff and clients.

To provide sound clinical opinion in order to support strategic development of clinical services as required by Management.

To participate in clinical audit and quality assurance programmes within the Therapy Department and Rehabilitation Department.

To participate in hospital-guided projects and innovations as required.

To support responsible utilisation of the Occupational Therapy Department budget...

To assist in the continued day to day operation of the Therapy Department.

To participate in the hospital's appraisal system and the departmental supervision programme.

To participate in the induction of new staff members as required.

To behave in a way that promotes the participation of all colleagues in order to enhance the individual attributes and collective strengths of the team.

To endeavour to achieve effective communication in all your interactions with patients, clients and colleagues.

To utilise support systems in the hospital in the event of exposure to distressing circumstances.

To accurately utilise the hospital's charging systems for treatment and equipment provided.

To endeavour to prevent or diffuse potentially hostile and antagonistic situations with staff, patients and relatives and other visitors to the department.

To ensure accurate recording of appropriate departmental data as required by Management.

To inspire others through your actions.

#### **Clinical:**

To cater for patients with complex clinical needs and long term conditions, affecting their posture and ability to function within their environment (Indoor/outdoor).

To practise as an autonomous and accountable professional using reflective practise and clinical reasoning in undertaking specialist assessment in order to provide an individualised treatment programme for each child in my care.

To provide appropriate information, education and support for my client group, and their parents/carers.

To maintain accurate, comprehensive and timely patient treatment records and reports in line with local and national requirements for best management of the patient.

To manage clinical risk within our caseload at all times and ensure potential clinical risk is effectively communicated and managed.

To promote dignity, privacy and safety at all times, with particular consideration of the patient's cultural, spiritual and personal needs and preferences.

To be responsible for the ethical, safe and competent recommendation and provision of therapy equipment, splints and braces.

To keep abreast of the latest evidence within your specialty in order to maintain best clinical practise.

#### **Health & Safety:**

- 1. To work closely with the Hospital's Health & Safety Advisor, Health & Safety Committee and the departmental Health & Safety representative on all matters related to Health & Safety.
- 2. Be aware of, and conversant with, the Health and Safety at Work Act and comply with the regulations set down to ensure safety to patients, visitors and colleagues.
- 3. To record all incidents (including accidents and near misses) according to Hospital policy.
- 4. To attend all required training pertaining to H&S and to participate in the regular departmental checks and audits to ensure a healthy and safe environment for all.

#### CME / WORKSHOPS/CONFERENCES ATTENDED

Venue/CME/Workshop/Conference	Dates	Theme /Topic
Jamia Hamdard , New Delhi/ National Seminar	March 28 <sup>th</sup> ,2017	National Seminar Biomedical Engineering , Food and Fermentation Technology
Guwahati Medical College & Hospital Auditorium, Guwahati Assam	18 <sup>th</sup> &19 <sup>th</sup> March 2017	National conference of Physiotherapy
Eros Hotel, New Delhi/Conference	16 <sup>th</sup> -18 <sup>th</sup> September ,2016	2 <sup>nd</sup> CLBS Liver Symposium Therapeutic advances & challenges in Liver Transplant
All India Institute of Medical Science AIIMS,New Delhi,India	Credit hours 14 28 <sup>th</sup> &29 <sup>th</sup> November 2015	4 <sup>th</sup> International Conferences & Workshops of Physical Therapy Theme: Pain, Palliation, Mobility
Jamia Hamdard, New Delhi.	21st February2003	Workshop on Multimode Early Medical Intervention Therapy of Cerebral Palsy
All India Institute of Medical Science AIIMS,New Delhi,India	14 <sup>th</sup> to 16 <sup>th</sup> November 2002	CME on Physical Agent Modalities: as an adjunct to occupational therapy

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G.B. Pant Hospital, New Delhi conducted by A.I.O.T.A.	18 <sup>th</sup> and 19 <sup>th</sup> July 2002.	CME on ADD/ ADDH
St Stephen's Hospital, N. Delhi POSICON 2002/Workshop (Under the auspices of Paediatric Orthopaedic Society of India)	22 <sup>nd</sup> March 2002	Workshop on Cerebral Palsy
Bhubaneswar, Orissa/CME in Conference of AIOTA	5 <sup>th</sup> January 2001	CME on Role of Occupational therapy in implementation of persons with disabilities Act,1995 & Ergonomic Considerations in Occupational therapy
Bhubaneswar, Orissa/ Conference of AIOTA	5 <sup>th</sup> to 7 <sup>th</sup> January 2001	38 <sup>th</sup> Annual National Conference of All India Occupational Therapist Association
Acharya Harihar Regional Cancer Centre, Cuttack 753007/ Workshop	29th -30th Sept 1997	2 days Workshop on Occupational therapy in Treatment of Cancers
Gandhi Bhavan, Lucknow- 226001/Conference	4 <sup>th</sup> -6 <sup>th</sup> Jan 1997	34 <sup>th</sup> Annual Conference of All India Occupational Therapist Association

# **VOLUNTARY WORK DONE:**

Contribution for manual Practice guideline preparation of RBSK programs

Worked as an volunteer in AIOTA meet 2001 held in Bhubaneswar, Orissa

## **REFERENCES:**

Dr. Sandeep Gupta {MBBS,MD (Paed)}

Director and Senior Pediatrician

Delhi New Born Centre (Neonatal Intensive Care Unit)

Agarwal Hospital-Govt. Regd.

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New Delhi-34

Mobile:9810233703/7982798489/09810076364

#### Landline-011-47071001,01147071000

#### Dr. Parvinder Singh Narang

MBBS,MRCP(UK),DCH(London) DCH(Delhi)

**Medical Director** 

Savera Hospital

Sainik Vihar, Pitampura,

New Delhi-34

Email ID: <a href="mailto:drpsnarang@yahoo.com">drpsnarang@yahoo.com</a>

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Landline: 01127019537

#### Professor Dr, Arun Kumar Singh

National Advisor.

Rashtriya Bal Swasthya Karykaram(RBSK) National Health Mission

Former Head of Department of Neonatology

Institute of Post Graduate Medical Education & Research

Kolkata

e-mail-drarunsingh61@yahoo.co.in,

Mobile: 9958983344

#### **DECLARATION**

I hereby declare that all the above mentioned information is true to the best of my knowledge.

MOHD YOOSUF Therapist ( Paediatrics)